

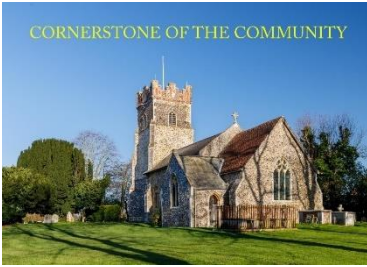
THE LANTERN

NEWS OF THE PARISH OF ST ANDREW'S BREDFIELD



Steve Stammers

OCTOBER 2023



FROM ST ANDREW'S MINISTRY TEAM

“The earth is the LORD’s, and everything in it” (Psalm 24:1)

Harvest has been celebrated ever since human beings first planted seeds, cut what had grown and stored it to use through the times of scarcity. Eating food is one of the few things common to all human experience. The types and availability of food that we eat in different nations around the world may vary around the world, but we all eat.

In our country, the meals on our table will have been brought to us through the efforts of many different people working in a variety of environments. The food chain might involve farmers or fishermen, processors and packagers, hauliers and retailers, and those who purchase and prepare the food to eat.

Harvest Festival is a wonderful opportunity to recognise the provision of all the good things that we have, as we also remember those who do not have the abundance that we do. It is a prompt and an opportunity for us to pray for the farmers and others in the food chain upon whom we are dependent; and above all to praise God who starts off the production of our food by creating the sun’s radiance and giving life to all living things.

To this end we use this Harvest Festival to:

- Thank God for His provision, praying for and with the farming community.
- Invite all those who can, to contribute to our local Woodbridge Food Bank.
- Focus on our care for Creation.

Please join me in supporting the Food Bank at this time, and over the coming year. **There will be a collection point at the Village Shop, and throughout the year (food banks depend on our support throughout the year) in the church porch.** A list of suggested items is available below.

As we think about how we in Bredfield can care for Creation, 'Green Christian' (greenchristian.org.uk) suggests seven tips for respecting and caring for Creation (we often think of the three R's: Reduce, Reuse, Recycle):

Rejoice – in all that God has given us: Delighting and thanking God for the free gift of Creation and all that He has provided us, as we also delight in the countryside around Bredfield. Do join us at St Andrew's for our Harvest Festival Service on 1st October as we rejoice in all that we have. Also, why not say grace before a meal (thanking God and reminding ourselves of God who provides for all our needs) and go out into your garden or the beautiful countryside around us and intentionally rejoice and thank God.

Refuse – to believe the adverts: Let's think first about all that we buy, consume and do, as it is so easy to get taken in by advertising and social media. Pause and think before you buy, whether clicking on-line or buying in a shop.

Reduce – what we buy, travel less and worry less: We can each consider how we can buy, drive or travel less, and generally reduce our impact. Through simple changes and selfless choices we can demonstrate the Creator's love for all the world.

Re-use – by avoiding single-use item: We live in an age when we are often tempted to use 'single use' items, so why not mend an item rather than throwing away things that still have life in them? Let's think about what we could we each re-use?

Repair – don't bin it, fix it: Although it's frustrating how many things cannot be repaired, many can. Let's mend, repair or fix what we need, and consider donating to charity what we do not need. Also, do come along to the Repair Café in the Benefice at St John's Church on the first Monday each month.

Rent, borrow or share - ownership is overrated: We can all end up with things that we only occasionally need or rarely use (tools, clothing, books, etc.). Before buying, how about asking a friend or neighbour – and let's encourage a culture of sharing in Bredfield.

Recycle – as a last resort: Recycling is better than throwing in the dustbin as it does give an item further use, but it does still use a lot of energy. Let's recycle everything that we can, use the recycling facilities by the Village Shop and buy items made of recycled materials.

This time of year and Harvest Festival is a wonderful opportunity to remember God's provision and to thank God, pray for our farmers, help those who have less than we do through our Food Bank and to focus on our care for creation. Through simple changes and selfless choices we might demonstrate the Creator's love for all the world.

With my prayers and every blessing,

Charles Trefusis

Rector

FOOD ITEMS SUITABLE FOR COLLECTION FOR WOODBRIDGE FOOD BANK

Items suitable for collection are NON-PERISHABLE AND LONG LIFE, such as:

TINS of meat, fish, soups, vegetables, baked beans, fruit, spaghetti, ravioli etc

SAUCES for pasta

PACKETS of noodles and dried pasta

SMALL PACKETS of cereals (375g)

TEA 80s, jars of COFFEE

SUGAR

LONG LIFE MILK

BISCUITS

JAM

DIARY DATES



Bredfield Book Club
Friday 6th October
7.30 – 9.30

Initial meeting to discuss how we would like
the club to work
and choose our first book

Paid Bar
For more information
Lynn Taylor
denizataylor1@gmail.com



Family Board Games Night
Saturday 14th October
6pm - 10pm
Bredfield Village Hall

All kinds of board games
(nothing long or complicated + some prizes)
+ baked potatoes + fillings

£10 for adults
£5 for children

Tickets must be purchased in advance
from Anne Henderson or the Village Shop
Paid Bar
Proceeds to Village Hall



Friday 27th October

@

Bredfield Village Hall

7.30pm

Quizmaster - David Hepper

£12.00 per person

Tables of 4

*(pay cash on the door - includes fish & chip supper or
vegetarian - bring your own drinks)*

Proceeds to

Bredfield Village Hall

TO BOOK PLEASE CALL

ANNE HENDERSON - 07802 874397

NEWS FROM BREDFIELD

SHCT Ride and Stride Saturday 9th September

In the 50th Anniversary year of the founding of the Suffolk Historic Churches Trust, the annual Ride and Stride was, this year, held on a very hot Saturday with temperatures reaching over 30 degrees. So a thank you to Anne, Caroline, Christine, Alison, Nina, David and Angela who checked-in 28 walkers and riders on the day. And an even bigger thank you to those taking part - Ann and Mike Pilgrim and all the ringing team who rode and rang (!), Stephen and Florence who cycled locally and Roger who cycled to the Cathedral and back. Half of any monies raised comes straight to St Andrew's, Bredfield with the rest to the Trust. Also, it is worth noting that Bredfield has benefitted with grants of over £16,500 from the Trust in the last 10 years towards repairs.

Anne Ackerley

'Ride and Stride' - cycling to St Edmundsbury Cathedral and back

After much deliberating about the weather forecast, my plan was to ride from St Andrew's Church to St Edmundsbury Cathedral and back as part of Suffolk Historic Churches Trust's (SHCT's) annual 'Ride and Stride' event on Saturday 9 September.

It was already over 20°C as the epic adventure began promptly at 9am with two Annes giving me a warm send off. I journeyed along quiet and familiar lanes through Hasketon, Great Bealings and Tuddenham to Westerfield, welcomed at the churches along the way. Then followed a long 13 mile stretch up the Gipping valley on Cycle Route 51 to Stowmarket where I was joined by my son and his friend through Shelland and Woolpit to Hessett. The journey continued in the increasing heat through Rougham and Blackthorpe to a much-needed lunch stop at the Cathedral in the shade. I was reluctant to leave, with the temperature now in excess of 30°C, starting with a steep hill on a cycle path across the A14. How grateful I was for the simple glasses of water offered at the many village churches! These included St Andrew's Mickfield, a most extraordinary place, now a private dwelling but where Services are still regularly held in the Chancel. I had come across this

place by chance and was treated by my hosts (who were busy preparing their meal) to a full tour including organ recital.

And after a long, hot afternoon how relieved I was to arrive just before 5pm at St Peter's Church, Charsfield where I was greeted by an ex-neighbour of ours who was the first local organiser of 'Ride and Stride' in Bredfield. Time pressure now off, I could savour my ride uphill(!) back home. The numbers? 77 miles, 2000 feet of ascent and 3kg weight lost – but that hardly does justice to a day cycling for a good cause!

It struck me that all the churches visited (even the more remote ones and some not even on the official list) were open, most offered refreshments and a warm welcome, and many had events running alongside 'Ride and Stride'.

Prizes:

'Best send-off' – Bredfield (of course!)

'Woofiest welcome' – Great Bealings

'Best buzz' – Osler Café at St Peter's & St. Mary's Church Stowmarket

'Most unusual Dedication' – St Charles the Martyr (Shelland)

'Biggest surprise' – the queue for the Gin Festival at St Edmundsbury Cathedral

'Best flowers' and 'Hottest spot' – Thurston (Flower Festival and temperature reached 33°C)

'Biggest scrum' – I lost out at Wetherden to a family heading for the cakes!

'Best glass of water' – Mickfield (served in a wine glass)

'Best conversation' – Charsfield

['Best cake' –. Anne's tea loaf, of course! – Ed.]

I cycled in aid of St Andrew's Church and SHCT (funds raised are divided equally). Any sponsorship would be especially appreciated either on-line at <https://www.justgiving.com/page/roger-ackerley-1694445520874> or by sending a cheque made payable to "Suffolk Historic Churches Trust" to me at The Elms, Bredfield.

A huge thank-you to all who make this event possible, particularly the local volunteers.

Roger Ackerley

Bellringers Ride and Ring

On 9th September, six Bredfield bell-ringers joined others from Wickham Market, Ufford, Pettistree and Campsea Ashe for a bell-ringing tour of local churches to coincide with the annual SHCT Ride and Stride. Most cycled the 15 miles, but Ann & Mike, Iain and Rosemary drove vintage cars. The Pilgrims were celebrating 60 years of ownership of “TK” (their 1930 Austin Seven), which was joined by “Blodwen” (the Whytes’ 1934 Lagonda Rapier).



It was a very hot day, but we visited six churches, from Pettistree, via Campsea Ashe, a stop for lunch at the Station Café at Campsea Ashe, then Marlesford, Hacheston and Parham, to finish at Easton. We rang the bells at each of the churches for 30 to 45 minutes (4 hours overall). At Easton we were asked to ring for a bride and groom who had just got married and were holding their

Anne Henderson saw the Pilgrims off reception in the adjacent pub. A bonus for them and a nice way to finish off what was a most enjoyable day’s ringing in congenial company.

The great thing about ringing outings like this is the opportunity they give to look around some really interesting churches while awaiting one’s turn to ring. Beautiful kneelers in several churches, a lovely rood screen at Parham,

interesting memorials to the “landed gentry”, and some fascinating 18th century graffiti in the ground-floor ringing chamber at Easton. I wonder who the members of the Gall family were who left their marks neatly inscribed in the plaster in the 1740s! Were they the builders, or bell-ringers?



*Ride and Ring Team at Campsea Ashe
Ann Pilgrim*

Grateful thanks to all who sponsored us; we collected over £200 for SHCT.

BREDFIELD PARISH COUNCIL REPORT

The Nights are Drawing In

Planning Applications

To meet East Suffolk planning timescales the parish council hold additional meetings to discuss planning applications. Members of the public are invited to attend these meetings and are given the opportunity to speak. Two such meetings were held in August.

DC/23/2693/FUL - Demolition of the existing commercial buildings and the erection of 7no dwellings and 14no commercial units on land of the former forge site.

Forty-five members of the public attended the meeting on the 16th August. Five members of the public expressed their objection to this planning application and cited their grounds.

Bredfield Parish Council objects to the application on the grounds that:

- The increase in businesses from the existing four to a proposed fourteen is out of proportion to the area and does not accord with the Settlement Hierarchy and as such would have an unacceptable impact on the residential amenity of nearby properties contravening both Local and Neighbourhood plan policies.
- The proposed access to the business area is inappropriate to the proposed scale of development.
- The level of development would generate an unacceptable level of traffic with consequent adverse impact on the local road network.
- The planned use includes using the facility as a storage and distribution centre which contravenes Bredfield Neighbourhood Plan BDP.9
- The proposed residential housing area is cramped and does not meet the standards demanded by National and local planning policies or the Neighbourhood plan.
- No landscaping or ecology strategy schemes have been submitted.

DC/23/2650/VOC – An amendment to the layout of the proposed dwelling at Wyndways (Dallinghoo Road)

The plot new owner who would like to amend the layout of the proposed dwelling to include an additional picture window, solar panels and heat pump. The revised home is also slightly larger than the original proposal. Bredfield Parish Council had no objections to the revised plan.

One member of the public attended and one written objection was received in respect of potential disturbance to the neighbouring Quaker Burial Ground. As the application was a variation to submitted plans for a proposal already approved the written objection was noted but not considered pertinent.

Other Matters

D-Day Celebrations

D-Day 80 is being organised to commemorate the 80th Anniversary of the D-Day landings on 6th June next year with beacons being lit across the country. We have decided not to have a beacon in Bredfield – but if you have any suggestions on how to honour the date please get in touch.

Potash Corner

You may have already noticed new signage at Potash Corner. This is the result of recommendations made by the coroner following the unfortunate accident and death last year plus the work of the resident of Potash Corner Cottage who doggedly chased East Suffolk Council for the improvements. Let's hope this will help prevent future accidents.

Website

We are constantly reviewing the Parish Council website and would appreciate any feedback from residents on how the site can be improved.

Budget

The Parish Council have just initiated the budgetary process for the financial year 2024/5. If you feel there is anything the Parish Council should be doing for the greater good please let us know.

Nik Bestow

MEMORIES OF BREDFIELD VILLAGE SCHOOL

Bredfield Primary School 1970's : "Taking The Telly!"

As a former pupil, I can tell you there was only one really exciting, out of the ordinary day, when I arrived at school and found the cloakroom covered in white powder. It turned out the Police had visited and the powder was for footprint and fingerprinting purposes, because there had been a crime committed!

Now for all those who do remember the old fashioned large cumbersome Black/White television sets, this will make sense. For all those who only know modern slimline, easily portable ones, maybe not so much. In the 1970's and into the 1980's television sets were huge and bulky and required placing them on high metal tubular trolleys to move them about and to take their weight. We had only one of these TV/trolley combinations at Bredfield Primary School and then only wheeled out at specific times when the B.B.C were broadcasting that particular children's show at that particular time for educational purposes. As a side note; there were only three TV stations back then. Ironically our book / TV tie in programme that I really liked was 'The Borrowers' by author Mary Norton and this particular day of school, certainly brought a whole new meaning to borrowed!

The TV trolley had survived the ordeal by being wheeled over to the window, where the thieves had hefted the huge Television set outside. The culprits, if I remember right, were found out to be two opportunist lads from another local village. Bredfield took pupils from most of the neighbouring villages, including Charsfield when their school closed. Therefore, it was not a surprise, when one of these lads turned out to be a former Bredfield School pupil and knew where the TV was usually kept – an inside job! As I said, we were effectively rationed TV back then so it was more exciting having the real crime scene and delayed schooling that day (due to cleaning up the white powder residue), rather than getting the television set replaced. In fact, books were so integral to 1970's schooling at Bredfield, all the children who left for Middle School in my year were given a parting gift of a reading book; individually selected and generously arranged by the Headmistress Ann Bond.

Lindsay

THE CHILDREN'S SOCIETY. THE ST. ANDREW'S CHURCH GROUP 1988 – 2023

In 1988 various members of St. Andrew's Church, in a group set up by Ann Stammers and Mary Richards (both still Bredfield residents) choose to start collecting for The Children's Society charity. Members have come and gone over the years, but this group still is very active. Initially there were 15 members (9 of whom still collect) rising to 17 today. Once a year there is a very sociable Box Opening Day, when those who are able, get together over a cuppa to open the boxes and count the contents, which is then banked for the Society.

The Children's Society story began in 1881. Edward Rudolf, a young Sunday school teacher and civil servant in South London, saw the effects of poverty on children and decided to do something about it. With support from within the Church of England, backed by the Archbishop of Canterbury, he set up a small number of Church of England children's homes, each with around 10 children aged five to 14, with a master and matron to act as parents. The charity owes everything it stands for today on his bold act.

For a thorough history of his actions etc. go to childrenssociety.org.uk/about-us/our-history, and you can see how our donations help to improve the lives of many children who are suffering even today. In fact, from the information there it is obvious the formation of the St. Andrew's group, in 1988, must have been in response to further expansion of the Society. This year our group is 35 years old, and during those years we have supplemented our donations with 'house to house' collections, Carol Service collections, Christingle Events and door-to-door Carol Singing.

Last year the donations collected from 16 boxes came to £450.66. From such a small community that is a fantastic achievement. Since Covid cash seems to be in shorter supply in our every-day life. Pre-Covid donations in 2021 were £609.36. As a charity it is possible to apply Gift Aid to donations, so last year, Gift Aid of almost £48 was added to bring our donations to just under £500. Are wondering how you can get involved with helping this charity? Easy, get in touch with me and I'll give you the information needed to get involved with our Village Church Group. Thank you in advance.

Angela Derham, 01394 385702.

WE LIVE HERE: BREDFIELD



This photo project was born of a desire to communicate, through photos and brief narratives, our pride about living in Bredfield, our curiosity about the lives of those who live/have lived around us, and our interest in sharing our experience of living in this award-winning Small Village of 2022 in Suffolk. There were a good number of responses to the Summer photo project **“Bredfield summer views: 2023 and bygone years”**. We will showcase them over the next few issues of the Lantern.

Poppies in a new home in Bredfield



Jullie Crabb

Just after the rain



Liz Whitman

SEASONAL RECIPE FROM THE VILLAGE SHOP

This month's vegetable is squash, a wide family that includes the Butternut squash, as well as many variations in shape and appearance, and culminates with the famous Hallowe'en pumpkin! They are nutritious, being rich in vitamins A and C and high in fibre, and very versatile in many dishes.

SAVOURY SQUASH BAKE

serves 4

2 eggs

1 tblsp milk

250g butternut squash, peeled, cooked and puréed

25g melted butter

Shredded leaves of chard or spinach, 5 or 6

25g fresh brown breadcrumbs

1/2 onion, chopped finely

1 large clove garlic, crushed

Fresh parsley and thyme, chopped

Salt and pepper

Beat the eggs with the milk. Mix in all the other ingredients. Transfer to an ovenproof dish and bake at 180 degrees C (350 degrees F) for 30 minutes or until set. Serve with a salad and crusty bread.

Most, if not all, the ingredients are available from the shop, where there will also be extra recipes for more ideas!

At this time of year, Alvina has been very busy making delicious jams and jellies from all the local seasonal and wild fruits around us. Do come and see what we have!

Kate Pirkis



NATURE NOTES

This is the first of a series of monthly notes about nature in Bredfield. We will be talking about the types of birds, insects, plants and other forms of wildlife that you can expect to see around Bredfield each month. The aim is to encourage engagement with nature and, through that engagement, encourage you to do what you can to help nature. We want to make Bredfield a wildlife-friendly village. As you probably know, nature in the UK and across the world is suffering. There are small things that each of us can do. Across communities and nations, these small things add up to a substantial aid for wildlife.

OK, lets start with sources of food in autumn. In general, wildlife enjoys a good supply of food through the summer: Blue Tits find small spiders in nooks; bees and butterflies drink nectar from flowers; bats catch night-flying insects. Come autumn, food supplies diminish and this is a challenge for birds, mammals and insects that need to fill-up before hibernation or before the harshness of winter arrives.

How can we help? Well, it's time to clean up and re-erect that bird feeder that you may have put away during the summer. You can resist tidying up plants with seed heads – such as Sunflowers – that will attract finches. And, you can think about any Ivy you have in your garden.



The nectar, pollen and berries of ivy are an essential food source for insects and birds during autumn and winter when there is little else about. Ivy is particularly important to bees, hoverflies and Red Admiral butterflies, before they go into hibernation. If you pass an Ivy hedge in autumn, you'll hear the loud buzz of an array

Ivy Bee

of active insects. Ivy even has its own bee – the Ivy Bee, *Colletes hederæ*, which only recently arrived at these shores and feeds almost exclusively on Ivy flowers. At night, a different shift takes over, when moths such as Angle Shades and Black Rustic come to feed on the Ivy nectar. Calorie-rich Ivy

berries provide a late nutritious food resource for birds: such as Blackbird, Mistle Thrushes and over-wintering Blackcap. According to the RSPB, Ivy berries contain nearly as many calories, gram-for-gram, as Mars bars! Lastly, we shouldn't forget that Ivy provides shelter for insects, birds, bats and other small mammals. Ivy is a wonderful resource for wildlife. Unless, you have an allergy to the plant, you should try to avoid cutting it back severely before the autumn is over. Ivy has its place in any wildlife-friendly garden.

For more information and news about wildlife in Bredfield, visit: <https://bredfieldwfv.org.uk> or join our Facebook group (search 'Bredfield Wildlife Friendly Village').

Stewart Belfield

100 Club Winners

September

1st Prize	No.55 J Taylor
2nd Prize	No.86 A Henderson

BREDFIELD PRAYER CIRCLE

The Bredfield Prayer Circle is a group of Parishioners united in prayer for the needs of our community. The Prayer Circle operates in confidence. It does not discuss your requests but simply includes your needs with their private prayer. Please give just a first name and enough details to make your request meaningful to those who will be praying with you. If you are in need of prayer, or praying yourself, and would like the prayer of others please contact Anne Ackerley 01394 384805 or Alison Cannard 01473 737707.

USEFUL INFORMATION

St Andrew's, Bredfield

Rector: Rev Charles Trefusis

Churchwardens: Stephen Stammers and Paul Cannard

For all enquiries regarding St Andrew's, contact:
the Churchwardens on churchwardens.bredfield@gmail.com or call Steve
Stammers on 01394 384371 or 07704 856005

St John's church office on 01394 383162 or info@stjohnswoodbridge.org.uk

For information about the Benefice of St John's and St Andrew's go to
www.stjohnswoodbridge.org.uk

Bredfield Village Shop opening times: Monday – Saturday 9.30-12.30
(not 12.00 as appeared by mistake last month)

Want to know what's happening in the village? Check out the website
<http://bredfield.onesuffolk.net>

**For regular info updates- join our MailChimp email group. Email Anne
Henderson - henny@dircon.co.uk and she will add you to the MailChimp
list**

**Want to know about the Village Hall and Bredfield Wildlife Friendly Village –
check out <https://www.bredfieldvillagehall.org.uk>
<https://bredfieldwfv.org.uk>**

**Please send any contribution for the Lantern to Alison Cannard
at lantern.bredfield@gmail.com , 01473 737707 by 10th of the
month before the month in which you would like it to appear.**

OCTOBER/NOVEMBER SERVICES AT ST. ANDREW'S

Sunday 1st October Harvest Festival	Harvest Celebration	<u>10.00am</u>
Sunday 8th October	Service of the Word Discovering God and sharing the love of Jesus. Vision into action 1	9.15am
Sunday 15th October	Holy Communion Discovering God and sharing the love of Jesus. Vision into action 2	9.15am
Sunday 22nd October	Service of the Word What happens when we fail?	9.15am
Sunday 29th October	Holy Communion Be on your guard	9.15am
Sunday 5th November	Holy Communion Light and Darkness	9.15am
Sunday 12th November Remembrance	Act of Remembrance and Remembrance Service	<u>10.50am</u>
Sunday 19th November	Holy Communion Joshua 5	9.15am
Sunday 26th November	Service of the Word Joshua 6	9.15am
Sunday 3rd December Patronal Festival 1st Sunday in Advent	Holy Communion	<u>10.00am</u>

DIARY DATES AT A GLANCE

Sun 1st October	Harvest Festival
Fri 6th October	Book Club
Sat 14th October	Family Board Games Night
Fri 27th October	Quiz
Thurs 5th, 12th, 19th Oct 7.30 pm	'Lightwave' in Church Room
Sat 4th November	Churchyard clear-up