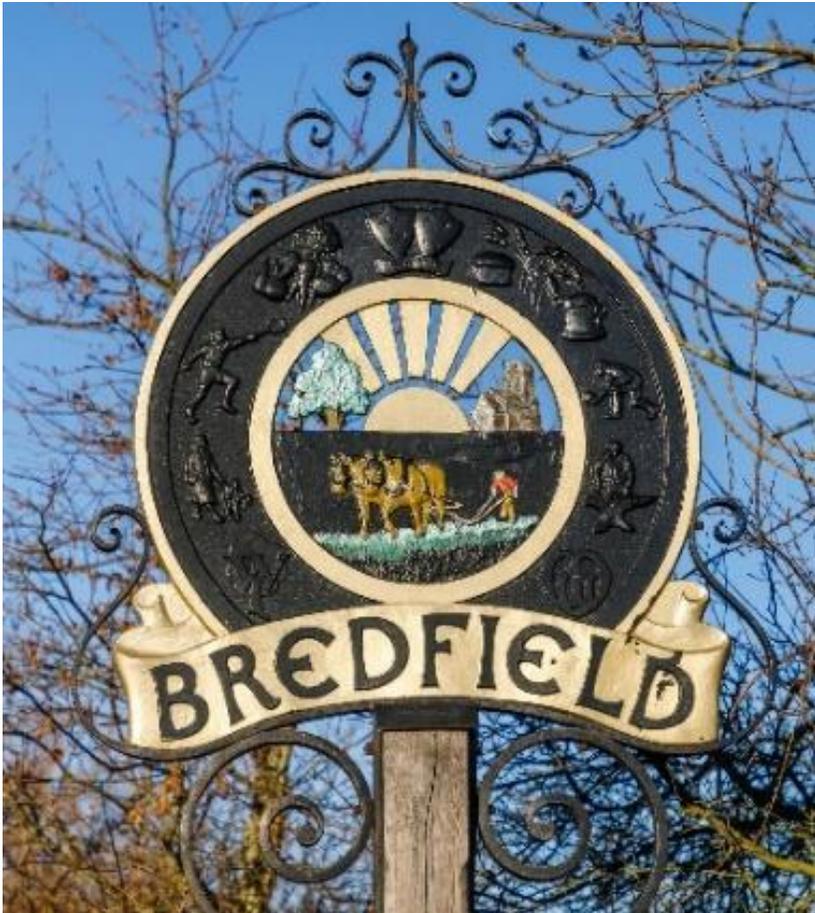


THE LANTERN

NEWS OF THE PARISH OF ST ANDREW'S BREDFIELD



SEPTEMBER 2023

WELCOME

Welcome to our new look Lantern!

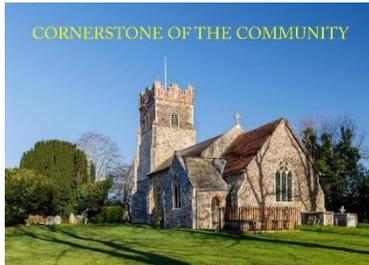
In his role as both a vicar and a resident of various locations, Charles has seen many different styles of parish magazine and is full of ideas as to what makes a really good one! I have been editing the Lantern for 8 years and agree that it is maybe time for a bit of a refresh.

We are hoping to introduce some more regular features, such as seasonal recipe that use products available from our wonderful village shop, and articles about the environment, history and people, as well as useful local information. We want to make the magazine as interesting and relevant to as wide a number of residents (and former residents and visitors) as possible. We can only do this with your help! If you have an announcement to make or wish to contribute something that you think might be of interest, or if you feel you have something to share relating to any of the topics we cover, please do get in touch with me at lantern.bredfield@gmail.com.

As a result, your new Lantern might expand, so please think about whether you would be happy to read the magazine online rather than on paper. If you sign up to receive the MailChimp notifications, you will receive an email with a direct link to each new magazine as soon as it comes out. Please contact Anne Henderson on henny@dircon.co.uk to be added, and please let me know at lantern.bredfield@gmail.com if you no longer wish to receive a paper copy.

Happy reading!
Alison Cannard

CORNERSTONE OF THE COMMUNITY



FROM ST ANDREW'S MINISTRY TEAM

Is this September the time for you to start something new?

As I write, the swallows and the house martins are getting into groups on the telephone wires and planning to leave for the long journey south. Their need for a warmer climate reminds us to look out our old sweaters and get in more logs for the fire. The swifts have already gone, and the shops are remaindering the 'Back to School' notepads and socks they put out for us to buy last July. Neighbours are trimming hedges, clearing out gutters and preparing for autumn.

Assorted aunts, my mother, my wife and I were all teachers, and now another member of my family is training to join the profession. Meeting new classes, preparing new lesson plans and reorganising the classroom was part of the annual round, and autumn was always a time of change and new possibilities. Working in education, September was always a time for fresh thinking, new possibilities and the start of our year.

When it started to get warmer last April (before the rainy season set in!), the congregation at St Andrews began sitting out in the sunshine after the service on warm Sunday mornings, eating cake and drinking tea. Conversation often turned to thinking through how we could work on the purposes and values that our Rector was sharing with us. One idea kept coming to many lips. How can we start meeting during the week to think, pray, study and enjoy time with other people in Bredfield?

As we had made friends with the Gaze family, we asked Archdeacon Sally to help us. She has agreed to start a 'Lightwave' group in the village this autumn. Lightwave groups are open to all and deliberately invite anyone to come, initially joining a home group for a few weeks.

Lightwave groups meet all over Suffolk. They meet to explore stepping stones to faith and start by connecting with others to live out their faith in the community. Lightwave groups set out to listen, enjoy the company of others and to involve everyone. Leadership is shared in the group.

Lightwave groups make a deliberate attempt to understand the needs and ambitions of the people who come to them.

If you live in Bredfield and are free on a Thursday evening*, interested in meeting to explore the idea of faith with others, please join Sally in the Church Room this autumn.

Rev Bill Herbert. Associate priest, St Andrews and St Johns

***Lightwave meetings**

The first two Lightwave meetings will take place in the **Church Room at 7.30pm on Thursday 14th and Thursday 28th September.** The dates for future meetings will be decided in due course.

There is a strong emphasis on the local community in Lightwave groups, so the meetings are **open to everyone** living in Bredfield or attending St Andrew's. Why don't you come along to the first meeting just to find out what Lightwave is all about?

DIARY DATES

Farewell to Clare Johnston

Clare Johnston has been the Families and Children's Worker at St John's for several years and is well known in Bredfield for running children's services and activities, especially the ever-popular Nativity Services. We thank Clare for her work and send her our prayers and best wishes as she leaves Woodbridge to take up new challenges.

There will be an opportunity to say goodbye to Clare in person at a Bring and Share Lunch to be held at St John's after the 10.30 am service at St John's on Sunday 3rd September.



BEEN OUT ON THE BIKE YET THIS SUMMER?

Or is walking more your thing?

If so do consider the

Suffolk Historic Churches Trust Sponsored

Ride and Stride

Saturday 9th September

Time: 9am – 5pm



Choose: your own route from a long-distance challenge to a pleasant rural amble to as many churches and chapels as you wish. A warm welcome and refreshments available.

Started in Suffolk in 1982, this event is now held in at least 33 counties including those adjoining Suffolk. Cyclists and walkers may cross county boundaries and their sponsor forms will be signed in the same way.

**Information and forms from Anne Ackerley (01394
384805)**

GO ON – GIVE IT A GO!

SHCT Ride and Stride Saturday 9th September

Remember, remember the 9th of September! There is still time to collect a sponsorship form to raise money for St Andrew's and the Suffolk Historic Churches Trust by cycling, walking, running, driving in a classic car...in fact in any way you can think of around the beautiful churches of Suffolk.

Alternatively, could you spare an hour on the day between 9-5 pm? We are looking for volunteers who are willing to check-in runners and riders for an hour. This involves welcoming participants when they arrive, offering simple refreshments and signing their forms.

Please contact Anne Ackerley on 07470 417181 if you would like a form or are able to help on the day.

Ride and Stride and RING!

On 9th September, the Bredfield and Wickham Market bell-ringers are planning an outing to ring at about half a dozen local churches. Some of us will be cycling, and others going by car.

We thought we would make this a Sponsored Ring for the Suffolk Historic Churches Trust Sponsored Ride and Stride which takes place on that day. If you would like to help the SHCT, please consider sponsoring the ringers as a group. I will put forms in the shop as well as the church. Half of all money raised in this way would be given directly to St Andrew's, while the other 50% goes to the SHCT funds to be distributed as grants to churches across Suffolk needing financial help with building and repair projects.

Contact Ann Pilgrim (01394 382773; ann@pilgrim74.plus.com) for more information

New ALPHA course

We would love to invite you to explore life, faith and meaning on Alpha with us, starting **27 September 2023 at 7pm in St John's Church**. This is open to **everyone**, wherever you live and whether or not you already attend church.

What is ALPHA? Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation. Alpha is run all around the globe, and everyone is welcome. For more information, take a look at www.alpha.org.uk.



New ALPHA course
Starts 27 September 2023
7pm in St John's Church
St John's Hill, Woodbridge IP12 1HS



Vicar: Rev Charles Trefusis
Tel: 01394 383162
email: info@stjohnswoodbridge.org.uk
www.stjohnswoodbridge.org.uk

NEWS FROM BREDFIELD

A Message from Frank and Jean



Thank you to all for coming to our farewell tea and making so much of a sad day much brighter and less sad for us both. It was great to see so many friends and neighbours and receive their good wishes.

Our family have all worked so hard to help with our move and settling in here. It is all lovely, fresh and clean .

We hope to visit Bredfield occasionally and hope to see some of you here.

Love from us both to you all.

Frank and Jean

xx

We shall all miss Frank and Jean and wish them well in their new home.

Bredfield Parish Council Report

Raindrops Keep Falling

The Parish Council tackled a long and far ranging agenda at the meeting on Monday 24th July. Despite the anticipated thrill of discussing both the audit report and feedback from East Suffolk Council’s Planning Forum no members of the public were present.

Both Elaine Bryce (County Councillor) and Dan Clery (District Councillor) attended to answer questions on their respective reports (copies of which can be found on the Parish website).

Some key items discussed:

Woods Meadow Ditch

Concerns have been raised about the depth and width of the ditch in front of the Woods Meadow development. The ditch is as agreed with ESC – it needs to be wide to cater for significant rainfall and can’t be covered as a pipe wouldn’t have the capacity.

The safety aspect is being followed up.



Repair to the Village Hall Roof

The flat part of the Village Hall roof has been leaking for a while. Back in March the Parish Council allocated part of the Community Infrastructure Levy* received from the Woods Meadow development for a summertime repair.

Surely the Summer is the best time to fix a roof? Not when Wimbledon and the Ashes are on – a sure sign of heavy rain!

* The CIL is a charge levied by East Suffolk District Council on the building of new houses. Funds raised are used to deliver or support local infrastructure in the areas impacted, all for the Greater Good.

Representing Bredfield in East Suffolk

Councillors reported back on a number of meetings organised by East Suffolk County Council attended:

- Road Safety Forum – most of the forum topics didn't directly relate to Bredfield – e.g. parking outside schools. Agenda items for the next meeting look more promising.
- ESC Planning Forum – information about improvements to the planning application process which will be transparent to members of the public.
- ESC Community Partnership – the initiation of projects to encourage walking and cycling, road safety and the environment across our area. Early days but may be of benefit to the village.

The full minutes of the meeting can be found on the Parish Council Website.

If you'd like to raise anything with your Parish Council please use the link provided on the website

Nik Bestow

Calling singers and instrumentalists of all ages

As I said in the July/August Lantern, for our Christmas services at St. Andrews this year Paul and I are hoping to get together a group of singers and instrumentalists. If you can sing or play an instrument please let me know. It doesn't matter what ability you are – music can be arranged to suit. This request is being sent quite early to give you time to consider it. I'll send out a reminder in the Autumn when plans can be finalised. **Please note the corrected email address below which was incorrect in the last Lantern because I'd accidentally inserted a hyphen instead of an underscore.** You can contact me via email at steve_st.andrews@btinternet.com – or phone on 07704856005

Steve Stammers

The Jubilee Meadow – The Beginnings

Well, really it goes back much further than we, as a couple, remember, as it used to be the Quoits Meadow and also used for farming (fodder crops such as tares are present). Can anyone remember these times? Locals to that part of the village were aware of the blackberrying opportunities etc. Living further up the village, we had no idea,

The acquisition of this gem of nature as a community amenity began in April 2011 when our Rector, Dave Gardner, was amazed to hear that 2 parcels of Glebe Land in Bredfield, had For Sale notices up. He contacted my husband Stephen Stammers, Church Warden, who was also unaware, in fact we were not sure where the Glebe Land was sited.

We both went for an afternoon walk and found the signs easily, on both sides of the Woodbridge Road, just beyond and opposite Chapel Farm. The parcel on the east side was easily visible, but not the parcel on the west side. We tentatively gained access through tall grasses, brambles etc. Inside was an elongated nature paradise. We walked all the way around and were astonished at the variety of bushes and trees around the area and the wealth of flora including orchids. It thronged with butterflies and other insects. Birds were in the hedgerows and there was much evidence of deer night-time resting places around the edges. It was sheltered and secluded from the world. We have many photographs.

Leaving this wonderful find, we called at Peter Tilley's nearby, known to be interested in nature. He found his flora books and helped us to ID some of the orchids. We felt strongly that this beautiful site should be kept for use by the villagers.

The land was due to be auctioned in May. Dave hastily objected to the Diocese and both parcels were withdrawn from sale. The PCC and Parish Council were approached to gain opinions and to discuss how money might be raised to save at least one parcel for use by our community. Stephen gained Diocesan approval for a Wildlife Survey to be carried out by their expert Susan Stone. In the west parcel, over 40 different species of plants

were found including many Bee and Southern Marsh Orchids along with the tiny Adders Tongue fern.

The Diocese quickly agreed to give the Parish Council time to raise the money needed. An Area of Contemplation was suggested, as well as paths to enjoy the wildlife plus a Community Orchard, with trees planted by the local inhabitants to commemorate loved ones, all not possible anywhere else in the village.

The Suffolk Wildlife Trust (SWT) expert who studied the Meadow stated: “This is an interesting field- the flora would suggest it has been cultivated at some point in the past, but may only be lightly, a long time ago. It would be interesting to find out more about its history.”

Do you know more about its early history? Once the Meadow had been purchased, a walkway was cut out, carefully avoiding areas of particular plant interest (thank you Robin for kindly putting up with my waving and stop signs). By this time more interesting plants had been found, including a very rare orchid, during a Nature Walk with an Expert, which resulted in an excited bevy of people at our door, including our Suffolk Orchid expert and Suffolk Plant Recorder Martin Sanford and several others.

The Meadow has evolved, with eco benches, regular path cutting, a gazebo with information boards, a storage shed, a parking place etc. It is topped annually to maintain the wildlife and soil quality. It has been a real community effort. The topping is even done with SWT machinery, driven by one of my former A Level Students, who is our Suffolk Heaths and Meadows Warden. SWT were immensely supportive in our early days and gave us names of flora, insect and children’s activity experts. It was a really exciting time.

Do enjoy and treasure our special space. I am sure that others would also like to make contributions to our Lantern Magazine to bring us more up to date. Would you like Stephen to explain what Glebe Land is next time? Just send him a message if you would (steve_st.andrews@btinternet.com).

Ann Stammers

Seasonal Recipes from the Village Shop

Bring the colours and flavours of the Mediterranean into your kitchen this month, with tomatoes, aubergines and peppers in abundance, all grown locally.

AUBERGINES PARMIGIANA

Serves 3-4

2 Aubergines, sliced lengthways
4 tbsp olive oil
1 onion, peeled and chopped
400g tin of tomatoes (or 6 fresh tomatoes)
1 tbsp tomato purée
2 cloves of garlic, peeled and chopped
1 tbsp chopped fresh basil
Pinch of sugar
Salt and pepper to taste
225g Mozzarella
50g Parmesan, grated

Fry the aubergine slices in some of the olive oil and drain on paper towels. Heat the rest of the oil in a large saucepan and fry the onion. Add the tomatoes, tomato purée, garlic and basil. Add the sugar and salt and pepper. Simmer for a few minutes. Spoon some of the tomato mixture into an ovenproof dish and lay some of the aubergine slices on top, and then a layer of Mozzarella. Repeat the layers and finish with some Mozzarella. Sprinkle the Parmesan on top.

Bake in the oven gas mark 5, 190 C, for 20 minutes, until brown and bubbling!

RATATOUILLE

Serves 4

3 tbsp olive oil
1 onion, peeled and chopped
1 aubergine, diced
2 courgettes, sliced
1 red pepper, deseeded and chopped
2 cloves garlic, crushed
Tin of tomatoes, or 6 fresh tomatoes
Salt and pepper
Mixed herbs

Heat the oil in a large saucepan, and fry the onions, aubergine and courgettes.

Add the pepper, garlic, tomatoes, seasoning and herbs.

Cover and simmer for about 30 minutes.

All or most of the ingredients are available in the shop, together with extra recipes for more ideas! Also, don't forget Alvina's delicious jams and chutneys, made from local fruit and vegetables - many from her own garden, or from the hedgerows nearby!

Kate Pirkis



Bredfield Village School



Many of you will have seen this picture of the school from about 1953/4 (with all the names) recently on MailChimp, but how much do you know about the school? Ann Pilgrim has provided this short history of it: It opened as a National School (ie a church school) in 1854, built on a plot of land which had been the Rectory kitchen garden opposite the church. It was extended and became a Board School under local education authority control in 1875. Initially it was an elementary school, taking pupils through to school-leaving age until the Modern Schools were opened in the late 1950s. It later became a Primary School, with pupils moving to Cherry Tree Middle School in Woodbridge at age 10. The catchment eventually covered Dallinghoo, Boulge and Debach as well as Bredfield, as other smaller schools closed. The Woodbridge area converted to a two-tier education system in the 1980s, and despite a fight to keep it open, Bredfield School closed in 1986 (together with several other small primary schools, and both of the area's middle schools). Pupils were then bussed to Kyson Primary School in Woodbridge, moving on to Farlingaye High School at 11. The village school building was later sold and converted to a dwelling house.

Do you have any memories of the school, as a pupil, parent, teacher or just as a resident of the village? It would be lovely to include some personal memories in future issues of the Lantern, so please send them to me at lantern.bredfield@gmail.com .

Nature Has a Feeling

All nature has a feeling: woods, fields, brooks
Are life eternal: and in silence they
Speak happiness beyond the reach of books;
There's nothing mortal in them; their decay
Is the green life of change; to pass away
And come again in blooms revived.
Its birth was heaven, eternal is its stay,
And with the sun and moon shall still abide
Beneath their day and night and heaven wide.

By John Clare

To You

To sit and dream, to sit and read,
To sit and learn about the world
Outside our world of here and now—
Our problem world—
To dream of vast horizons of the soul
Through dreams made whole,
Unfettered, free—help me!
All you who are dreamers too,
Help me to make
Our world anew.
I reach out my dreams to you.

By Langston Hughes, who was a key part of the New York-based Harlem Renaissance movement

(Suggested by Anne Henderson)

100 Club Winners

July

1st Prize	No.41 D Hepper
2nd Prize	No.72 A Bridges

August

1st Prize	No.11 L Taylor
2nd Prize	No.20 J Harnden

BREDFIELD PRAYER CIRCLE

The Bredfield Prayer Circle is a group of Parishioners united in prayer for the needs of our community. The Prayer Circle operates in confidence. It does not discuss your requests but simply includes your needs with their private prayer. Please give just a first name and enough details to make your request meaningful to those who will be praying with you. If you are in need of prayer, or praying yourself, and would like the prayer of others please contact Anne Ackerley 01394 384805 or Alison Cannard 01473 737707.

USEFUL INFORMATION

St Andrew's, Bredfield

Rector: Rev Charles Trefusis

Churchwardens: Stephen Stammers and Paul Cannard

For all enquiries regarding St Andrew's, contact:
the Churchwardens on churchwardens.bredfield@gmail.com or
St John's church office on 01394 383162 or info@stjohnswoodbridge.org.uk

For information about the Benefice of St John's and St Andrew's go to
www.stjohnswoodbridge.org.uk

Bredfield Village Shop opening times: Monday – Saturday 9.30-12.00

**Want to know what's happening in the village? Check out the website
<http://bredfield.onesuffolk.net>**

**For regular info updates- join our MailChimp email group. Email Anne
Henderson - henny@dircon.co.uk and she will add you to the MailChimp
list**

**Want to know about the Village Hall and Bredfield Wildlife Friendly Village –
check out <https://www.bredfieldvillagehall.org.uk>
<https://bredfieldwfv.org.uk>**

**Please send any contribution for the Lantern to
lantern.bredfield@gmail.com by 10th of the month before the
month in which you would like it to appear.**

SEPTEMBER/OCTOBER SERVICES AT ST. ANDREW'S

Sunday 3rd September	Holy Communion I am sending you	9.15am
Sunday 10th September	Service of the Word With guest speaker Bishop Sandy Millar	9.15am
Sunday 17th September	Holy Communion The faithfulness of God. With guest speaker Archdeacon Rich Henderson	9.15am
Sunday 24th September Back to Church Sunday	Service of the Word Trusting a Holy God	9.15am
Sunday 1st October Harvest Festival	Harvest Celebration	<u>10.00am</u>
Sunday 8th October	Service of the Word Discovering God and sharing the love of Jesus. Vision into action 1	9.15am
Sunday 15th October	Holy Communion Discovering God and sharing the love of Jesus. Vision into action 2	9.15am
Sunday 22nd October	Service of the Word What happens when we fail?	9.15am
Sunday 29th October	Holy Communion Be on your guard	9.15am

DIARY DATES AT A GLANCE

3rd September	Farewell lunch for Clare Johnston
9th September	SHCT Ride and Stride
14th and 28th September	Lightwave meetings
27th September	Alpha course starts